All covered workers are protected against being fired or punished for using or requesting sick time. If you have a problem—or want more information—call A Better Balance’s free legal clinic at 1-833-NEED-ABB.

COVID-19 note: Colorado’s law provides additional paid sick time during certain declared public health emergencies, such as COVID-19. Since January 1, 2021, employers of all sizes with employees in Colorado have been required to provide additional paid sick leave for COVID-19, and it will be available to use until four weeks after the end of the COVID-19 emergency declaration. To learn more or for updates on COVID-19 sick leave in Colorado, visit abetterbalance.org or call us at 1-833-NEED-ABB.